

Year 12 Physical Education Course Outline 2009

Subject Reference	Physical Education 2.7				
Title	Plan, apply and review leadership strategies in a group or team physical activity				
Level	2	Credits	3	Assessment	Internal

Subject Reference	US 12552 - Communication				
Title	People credited with this unit standard are able to demonstrate communication skills used when participating in physical activity, and review the use of communication skills.				
Level	2	Credits	3	Assessment	Internal

Subject Reference	Physical Education 2.3				
Title	Examine the principles and methods of training in relation to participation in physical activity				
Level	2	Credits	3	Assessment	Internal

Subject Reference	US 12551 Demonstrate self management in a physical activity				
Title	People are able to develop self management strategies for implementing a personal physical activity programme, and apply and review self management strategies used in the implementation of a personal physical activity programme.				
Level	2	Credits	3	Assessment	Internal

Subject Reference	Physical Education 2.2				
Title	Describe how functional anatomy and biomechanical principles relate to performing physical activity				
Level	2	Credits	4	Assessment	Internal

Subject Reference	Physical Education 2.5 - Kayaking				
Title	Perform a physical activity to meet the Physical Education Performance Standards for Level 2				
Level	2	Credits	4	Assessment	Internal

Subject Reference	Physical Education 2.8 - RAMS				
Title	Demonstrate knowledge of safety issues and apply safety management procedures in a physical activity				
Level	2	Credits	2	Assessment	Internal

Subject Reference	US 476 - Roll a kayak				
Title	People credited with this unit standard are able to roll a kayak.				
Level	2	Credits	2	Assessment	Internal