

YEAR 13 OUTDOOR PURSUITS 2008

Course Outline



TEACHERS GUIDE AND COURSE OUTLINE

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Teacher Information

- ❖ All the teaching resources for this subject are found in the upstairs filing cabinet, labeled YR 13 Outdoor Pursuits
- ❖ It would pay to have a storage box for your classes materials
- ❖ As the main part of the course is the practical sessions there is some flexibility during lessons. However to get students to the required standard in any unit you will have to ensure the written work is completed

Lesson one

Course introduction

- Handout the course outline
- Go through the course outline booklet thoroughly
- Outline your expectations for attendance and participation
- Explain that there is the opportunity to work towards the Sfriso National Award in Outdoor Experiences (level 2) = minimum of 20 credits at level 2
- The need to file with you their **medical details**
- and file a **transport form** if they are able to drive a car to a venue if required.





CALANDER TERM 1 2008

DATE			
Tues 5 wk1			
Wed 6	Waitangi Day	Waitangi Day	Waitangi Day
Fri 8	<i>Peer Support Day /ABL</i>	Peer <i>Support</i> Day /ABL	<i>Peer Support day/ABL</i>
Mon 11 w2	Introduction and course outline. Survey	Introduction and course outline. Survey	Introduction and course outline. Survey
Tues 12	Kayaking, school pool	Kayaking, school pool	ABL, teacher lead
Wed 13		Kayaking, school pool	MTB, Bottle Lake
Thur 14	ABL, teacher lead session		
Fri 15	Kayaking, school pool	ABL, teacher lead	School Pool rolling session, 8.30am
Mon 18 w3	Kayaking, Avon, paddle strokes	ABL, teacher lead	ABL session, student led X 2
Tues 19	Kayaking, school pool	Kayaking, school pool	MTB, maintenance at school
Wed 20		Kayaking, Eastuary session, tides?	MTB, Waimak MTB Park
Thurs 21	ABL, teacher lead session		
Fri 22	Kayaking, school pool	ABL session, student led X 2	School Pool rolling session, 8.30am
Mon 25 w4	Kayaking, Eastuary session, tides?	Kayaking, school pool	ABL session, student led X 2

Tues 26	Kayaking, school pool	Kayaking, school pool	MTB fitness ride around rickarton
Wed 27		Beach session	MTB, Victoria Park, traverse track out and back
Thurs 28	ABL Unit, student led session x 2		
Fri 29	Kayaking, school pool	ABL session, student led X 2	School Pool rolling session, 8.30am
Mon 3 w5	Pool rolling, rescue stuff assessment, 476	Pool rolling, rescue stuff assessment, 476	ABL session, student led X 2
Tues 4 Mar	*Kayak trip to Murchison for assessment, not all	*Kayak trip to Murchison for assessment, not all	MTB, maintenance at school
Wed 5	*Kayak trip to Murchison for assessment, not all	Kayak trip to Murchison for assessment	MTB, Victoria Park, from school and return
Thurs 6	*Kayak trip to Murchison for assessment, not all	Kayak trip to Murchison for assessment	
Fri 7	Athletics Day	Athletics Day	Athletics Day
Mon 10 w6	ABL session, student led X 2	ABL session, student led X 2	ABL session, student led X 2
Tues 11	Deep water rescues, Beach		MTB, maintenance at school, assessment, tyres etc, homework, written tasks
Wed 12		Deep water rescues, Beach	MTB ride Rapaki track
Thurs 13	Review trip, complete written work		
Fri 14	start MTB unit	Review kayak trip, complete written work	School Pool rolling session, 8.30am
Mon 17 w7	MTB, Bottle Lake	Start MTB Unit	ABL session, student led X 2
Tues 18	ABL session, student led X 2	MTB, maintenance at school	MTB pre-check for assessment
Wed 19		MTB, Bottle Lake	<i>MTB, assessment Kennedys Bush track etc.</i>
Thurs 20	MTB fitness ride around Riccarton		

Fri 21	EASTER	EASTER	EASTER
Mon 24 w8	EASTER	EASTER	EASTER
Tues 25	EASTER	EASTER	EASTER
Wed 26		McLeans Island MTB ride	Eastuary Session, leave kayak shed, 12.40pm
Thurs 27			
Fri 28		MTB, maintenance at school	
Mon 31 w9	ABL session, student led X 2		
Tues 1st Aprl	MTB, Victoria Park		
Wed 2nd		MTB, Victoria Park	
Thurs 3	MTB pre-check for assessment		
Fri 4	MTB, maintenance at school	ABL session, student led X 2	ABL session, student led X 2
Mon 7			
Tues 8	MTB, traverse track, Victoria Park		
Wed 9		MTB, traverse track, Victoria Park	Hurunui river trip
Thurs 10			Hurunui river trip
Fri 11			Hurunui river trip
Mon 14			Review kayak trip. Written work completed
Tues 15	MTB, RAPAKI Track		
Wed 16		MTB, Rapaki track	
Thurs 17			
Fri 18	Funday friday	Funday friday	Funday friday

Year 13 Outdoor Pursuits: Introduction

This course offers NZQA credits at levels 1, 2 and 3 under the Domain of Outdoor Recreation. The course offers an excellent opportunity for students to learn and develop a wide range of skills and to gain credit for their achievements within the National Qualifications Framework. The course is a series of modules; each module is called a unit. Each unit of work is assessed while students move through and complete the unit of work

The emphasis of the course is to:

- Develop skills and knowledge in a range of outdoor pursuits
- Provide an opportunity for personal and social growth
- Develop time management and organizational skills
- Develop an understanding and appreciation of the natural environment.
- Have fun and enjoyment through regular physical activity.

Content

The course is largely based at school and around Christchurch, but there is a field trip component necessary to develop and apply the skills learnt in class and for assessment purposes. Because of the nature of the field trips and the types of outdoor activities undertaken there are significant course costs involved. Therefore, the course requires a large time and financial commitment to gain the necessary skills to be in the outdoors.

Assessment

Assessment in all activities occurs over a number of practicals in the applied setting.

Level 1 Unit Standards	1
Level 2 Unit Standards	26*
Level 3 Unit Standards	6*

- Some units require a pre-requisite pass at a lower level

Costs

Approximately \$400

CORE UNITS FOR 2008:

The course below offers the opportunity for students to complete a new award, “Experience the Outdoors”. The requirement is that students must pass at least 20 credits.

<u>Unit</u>	<u>Description of unit</u>	<u>Level</u>	<u>Credit</u>	<u>requisite</u>
467: v4	Demonstrate group & personal skills in ABL activities	2	3*	Open
457: v6	Mountain bike on intermediate to expert terrain	2	2	Open
20137: v1	Mountain bike on easy to intermediate terrain	1	1	Open
20138: v1	Select, set up and maintain a bike	2	3	20137
20157: v1	Rockclimbing: Demo the use of basic rope systems for top-roped climbing and abseiling	2	3	Open
476: v6	Kayaking: Roll a kayak in sheltered/slow moving water	2	2	Open
20818: v1	Kayaking: kayaking skills on sheltered/slow moving water	2	2	Open
20121: v1	Demo kayaking on grade 2 white water under supervision	2	4	20818
17468: v2	Alpine ski downhill on beginner terrain	2	4	Open
4591: v5	Alpine ski intermediate	3	4	Open
4596: v5	Snowboard on beginner terrain	2	4	Open
4597: v5	Snowboard on Intermediate terrain	3	4	Open
	TOTAL CREDITS LEVEL	2	23	
		3	4	

OUTDOOR PURSUITS

Course Costs:

The field trip component does involve some cost in terms of qualified specialist instruction, transport, venue and equipment hire. The units asterisked over the page indicate which units attract a subsidy from the government called star funding the rest is covered by course fees paid by the students.

Approximate costs are as follows:

Skills	Field Trip	Cost
Kayaking	Pool, QE II	25
	Flatwater, Eastury, Avon river	5
	2 River trips (Hurunui river) x 2 days **	110
	River trip (Murchison) 3 days*	105
Adventure Based Learning	on all trips	150+
Mountain biking	Bottle lake, Victoria Park, Kennedy's Bush, Rapaki, Bowenvale, traverse track	20
Rock climbing	YMCA, The Roxx, Rapaki, St Martins	110
Snow caving / Ski/snowboarding	Mt. Lyford Pre-assessment	100 50+
Ski/snowboarding	Assessment, Mt Hutt	65/75
Tramping	Arthurs Pass trip and preparation	100
Risk Management	school/field based	0
Total costs		650
Total costs less star funding	\$250	400

* Advanced kayak group only 13 ODP 2 only, trip to Murchison

** Both classes attend second Hurunui river trip, 13ODP1 @ Jollie Brook and 13ODP2 @ Maori Gully

Star funding (+) applies to these activities \$200

OUTDOOR PURSUITS

Students undertaking the Outdoor Pursuits course need to be aware of the financial and time commitment involved in the programme.

Assessment and related field trips require students to be out of school for 12 or more days and a further 14 afternoons or extended periods (i.e. into lunchtime/ interval or after school especially on Wednesday's). The course takes precedence over sports practises and coaches for teams that you are in should be advised of your commitments to this course.

Any financial arrangements for part payments spread through the year must be made with the Executive Officer at school. If you have not paid prior to a trip away then you will forgo that assessment and hence that Unit standard.

No special equipment is required with the exception of a mountain bike for that particular unit and the hire of skis or snowboard should you require these items. There are however clothing requirements especially to cope with the varied outdoor conditions. A waterproof coat, sturdy footwear, and perhaps some polypropylene would certainly be the minimum. A checklist of equipment and gear needed for camps will be issued at least 3 weeks prior to the trip along with permission slips.

- All risks inherent in such a programme are disclosed and managed according to policies and procedures of the school and industry.
- Each student will be given the unit standard prescription outlining what must be achieved to pass that unit standard.
- The school will encourage participation in all activities however the level of participation is on a challenge by choice system and no credit can be gained by non-participation.
- This is also similar for injuries or illness. If there is an opportunity of another assessment by another class then the person who was previously injured can take this chance to be assessed.
- Students will be offered two opportunities to attempt a practical assessment task. There will be no chances outside of these organized times for assessment.
- At the conclusion of the assessment the student will be told whether they have passed or failed and what needs to be done in the future to pass that unit standard.
- Students who are able to transport themselves or others will be asked to file a transport form signed by their parents, as some activities are very close to school and therefore don't warrant the expense of a bus or mini-van.
- Students will be asked to give details of any medical conditions that staff would need to be aware of before going into the outdoors for instruction. This information will be kept on file separate from the school's database.

Christchurch Boys' High School

PHYSICAL EDUCATION DEPARTMENT

YEAR 13 OUTDOOR PURSUITS

Assessment Policy

[1] Students will be given a course outline at the start of the year.

This will contain information on:

- The teaching programme
- The Unit Standards to be assessed, internally and externally
- The assessment programme for the year
- The procedure for appealing Internally Assessed grades.

[2] At the start of work on a topic to be assessed for a Unit Standard students are given a copy of the standard so they are aware of the requirements to pass the Unit Standard.

[3] Moderation of Internal Assessment Tasks and Assessment Schedules:

For Unit Standard tasks, involving one or two classes, the moderator and setter will discuss and decide on the final version of the task.

Moderation can also occur through outside meetings or cluster group meetings where moderation of Unit standards takes place.

A record of the moderation process, completed on the appropriate form will be filed in the Year 13 Outdoor Pursuits cabinet.

[4] Marking Internal Assessments:

The marking of Unit Standards assessments at Year 13 will be conducted as follows:

- a. The teacher in charge of the year level will make decisions on queries from markers during the marking and communicate these to all markers.
- b. A designated staff member will check mark a selection of scripts from each marker.
- c. Re-marking of scripts will be done as necessary following check marking.
- d. Unit Standards assessments and re-assessments will be marked by the class teacher.

[5] Appeals:

If a student thinks there is an error in marking he should tell his teacher. The teacher will refer the matter to the teacher in charge of the year level for adjudication.

If the student is dissatisfied with the adjudication he can seek recourse with the teacher in charge of the year level, firstly, then the H.O.D.

[6] Reviews of Assessment Tasks:

Soon after the assessment has been completed the teachers involved will meet to review the task and decide on any amendments necessary. These will be made immediately ready for the next year.

A record of the amendments will be stored in cabinet labelled Outdoor Pursuits Year 13.

[7] Re-Assessment:

Unit Standard assessments will have no re-assessment opportunity, as in most cases there has been more than one occasion in which they have been assessed.

[8] Recording Results

Grades will be recorded in triplicate:

In the school computer database.

A hard copy on record sheets, kept in a year level folder.

In teachers Computer spread sheet.

The class teacher and teacher in charge of the year level will be responsible for entering the grades into the school database and the filed record sheets.

[9] Student scripts will be filed in labelled storage boxes and kept in the storeroom.

These will kept until student grades have been verified early the following year and later if some are required for external moderation.

[10] Students missing assessments and Compassionate considerations:

If the student deliberately absented himself from the assessment there will be no opportunity to do it at a later date.

If the student misses the assessment for a verified, legitimate reason an opportunity will be given to do the assessment at a later date.

Considerations of appeals by students who feel their performance was impaired will be done on a case by case basis and decided on merit.

[11] Externally Moderated Assessment Tasks:

Decisions and directives from the moderators of tasks sent for external moderation, will be abided by.

Mr. D. Ralston
HOD Outdoor Education.

OUTDOOR PURSUITS CHRISTCHURCH BOYS HIGH SCHOOL

VEHICLE PASSENGER PERMIT

The school has given permission for your son to transport himself and sometimes others to and from school.

As part of the Outdoor Pursuits programme it is sometimes impracticable or not feasible to hire transport to get to venues close to school and I am asking parents/guardians of these boys to see if they are able to take any passengers in their vehicles.

For all major assessments that require travel we hire buses or mini vans, and adults, whether staff or instructors drive this transport to and from the venues.

I give permission for _____ to transport

One passenger

Two passengers

Three passengers

Signed _____ Parent/Guardian

MEDICAL AND COSENT FORM

NAME: _____

CLASS: _____

Consent and Medical Form

Depending on the season, the activities offered by the School Outdoor Education programme include navigation, raft building, rock climbing, abseiling, tramping, camping and group initiative and trust activities. The Port Hills, Mountains, Sea, bush, lakes and rivers are some of the areas our programme use.

The activities listed above contain some elements of risk. This risk is countered by carefully structured and sequenced activities and by supervising the activities with highly skilled instructors and staff. It is important for safety purposes that students follow instructions given to them by the instructor and follow the few rules imposed by Christchurch Boys' High School. It should also be realised that because of the changeable and unpredictable nature of the outdoors that the risk can never be reduced to zero.

Please answer the following questions by circling the appropriate answer and elaborate where applicable. Christchurch Boys' High School does not preclude any person from attending our programmes due to medical conditions. It is however, valuable for the instructor or staff to know the information below:

- | | | | |
|----|--|-----|-----|
| 1. | Is your child's tetanus inoculation current? | Yes | No |
| 2. | Is your child a confident swimmer? | Yes | No |
| 3. | Does your child have any particular dietary needs? | | Yes |
| | No | | |

If yes, please detail

- | | | | |
|----|---|-----|----|
| 4. | Has your child had contact with any contagious diseases that we should be aware of? | Yes | No |
|----|---|-----|----|

- | | | | |
|----|--------------------------------------|-----|----|
| 5. | Is your child taking any medication? | Yes | No |
|----|--------------------------------------|-----|----|
- If yes, please details

- | | | | | |
|----|----------------------------|------------------|-----|----|
| 6. | Is your child allergic to: | any medication? | Yes | No |
| | | any food? | Yes | No |
| | | bee/wasp stings? | Yes | No |
| | | anything else? | Yes | No |

If yes, please detail

What action should be taken?

- | | | | | |
|----|--|--------------------|-----|----|
| 7. | Does your child have any history of the following: | | | |
| | | Asthma | Yes | No |
| | | Diabetes | Yes | No |
| | | Sight impediment | Yes | No |
| | | Hearing Impediment | Yes | No |
| | | Injury or illness | Yes | No |
| | | Other | Yes | No |

If yes, please detail

8. Is there anything else we should know about your child that would affect their participation, or others, or would adversely affect the health and well being of other people on the programme?

Yes _____ No _____

If yes, please detail

9. Please print your name, address and contact phone numbers.

Name:

Address:

Phone: Work

Mobile

Home

Please Note:

- a) Please have your child bring spares of any medication for their instructor to carry.
- b) Your child will be covered by the normal public liability insurance while on this course.
- c) While on the programme your child's personal effects are not covered by our insurance policy. You should ensure your insurance will cover all eventualities.

As parent/guardian of _____ I hereby give my consent for him to participate in an Christchurch Boys' High School Outdoor Education programme. I have read and understood the information at the start of this form regarding risk and safety precautions at programme site. I have explained to my son that normal School Rules apply during the visit and that following Christchurch Boys' High School rules and directions given to me by my instructor are necessary for their safety and well-being.

I delegate my parental authority and responsibility to the school teachers and Outdoor education instructor staff involved and in the event of accident or illness, I authorise any medical assistance and treatment as necessary.

Signature of Parent/Guardian _____

Date: _____

Please feel free to add anything else that you believe may be of benefit for us to know:

Thank you.

Mr. D.A. Ralston

HOD Outdoor Education

03 3485003 ext 274

