

Singer
 Musician
 Actor
 Performer
 Dancer
 Cook
 Chef
 Gardener
 Gymnast
 Personal fitness trainer
 Athlete
 Sportsperson
 Artist
 Photographer
 Fashion designer
 Beautician
 Hairdresser
 Inventor
 Planner
 Designer
 Architect
 Engineer
 Scientist
 Builder
 Mechanic
 Plumber
 Electrician
 Metal or Wood worker
 Technology/Futurist

Mental Strengths

- May possess a high pain tolerance
- Incredibly determined - never gives up
- Sets personal goals and reaches them
- Highly inquisitive
- Overcomes obstacles to achieve success
- Fantastic memory for whole words, texts, lyrics etc
- May possess an amazing understanding of mechanics electronics or computers
- Can tell or write amazing stories
- May have a structured mind to process new information
- Big picture, strategic thinkers
- High level managers



Personality Strengths

- Excellent communicators
- Popular with their peers
- Fantastic organisers
- Good at delegating
- Great leaders and project managers
- Incredible public speakers
- Can troubleshoot and problem solve
- Quick witted and funny
- Caring towards people and animals
- Intuitive and switched on



Business owner
 Manager
 C.E.O.
 Entrepreneur
 Electronics
 Computers
 Sales
 Retail
 Marketing
 Advertising
 Public relations
 Driver
 Service provider
 Charity worker
 Nurse
 Doctor
 Physiotherapist
 Psychologist
 Carer
 Teacher
 Trainer
 Lawyer
 Financier
 Accountant
 Economist
 Mathematician
 Armed forces
 Pilot
 Sailor



Dyslexic Strengths

What are you really good at?

Physical Strengths

- High energy levels
- Capable on both the right and left sides
- Excel in physical activities
- Incredible at sports
- Fast reflexes and response rates
- Great dexterity
- High physical endurance levels



Auditory Strengths

- Heightened sense of hearing
- Well developed vocabulary
- Excellent memory for rhythm, beat, tone - music
- Hears new information and remembers it



Visual Strengths

- Can visualize in three dimensions from every angle
- Sees the world in incredible detail
- Has heightened appreciation of colour and form
- Excellent hand-eye, foot-eye coordination

