



# Signs of Vision Problems



- Complaints about vision
- Require extra help with their schoolwork
- Learning difficulties
- Headaches
- Holding their book really close
- Rubbing eyes
- Difficulty seeing the whiteboard
- Excessive blinking
- Closing one eye
- Short attention span
- Losing their place while reading
- Finger pointing while reading
- Skipping words while reading



## Near-sightedness

Blurry vision that gets worse when you look at distant objects.

## Farsighted

Blurry vision when you look at close up objects. Near and far objects may both look fuzzy.

## Astigmatism

You might have blurry or double vision at any distance. You may also be near sighted or farsighted.

## Colour Blindness

You have trouble with shades or intensity of colours. Because it is all about perception, you may not know there is a problem until you have your eyes tested by a behavioural optometrist. This genetic condition mainly affects males.

## Irlen's

A perceptual dysfunction affecting reading and writing base activities.