

InsideOUT works to give rainbow young people in Aotearoa New Zealand a sense of safety and belonging in their schools and communities.

<http://insideout.org.nz/>



[InsideOUT | Supporting rainbow youth across New Zealand](#)

Click here to LEARN MORE ABOUT Pink SHIRT DAY InsideOUT works to give rainbow young people in Aotearoa New Zealand a sense of safety and belonging in their schools and communities. We are a national charity providing resources, information, workshops, consulting and support for anything concerning rainbow or LGBTQIA+ issues and education for schools, workplaces and community organisations.

insideout.org.nz

<https://ry.org.nz/what-we-do/online-support>

[RainbowYOUTH - Online Support](#)

Online Support. Our online support chat is available for any person in Aotearoa (aged 13-27) who is looking for guidance, support, or advice around sexuality, gender identity, and intersex status.

ry.org.nz

<https://www.youthline.co.nz/sexual-orientation--gender-identity.html>



[Sexual Orientation - Youthline](#)

Sexual orientation and gender identity can be a tricky subject to understand but there are heaps of awesome resources out there to build your understanding!

www.youthline.co.nz

<https://outline.org.nz/>

[Home | OUTLine](#)

Confidential, Free, LGBTIQ+ affirming support line and face-to-face counselling. Call us on 0800 OUTLINE (688 5463)

outline.org.nz

<https://rainbowrights.nz/>

[Home | Rainbow Rights in Aotearoa](#)

Disclaimer. If this is an emergency, and you've been hurt or assaulted, contact the NZ Police: 111. There's also support available. Make sure to check out our Contact Us page for support service contact intro.

rainbowrights.nz

<https://genderminorities.com/>



[Gender Minorities Aotearoa – Takataapui, Transgender, and Intersex NZ](#)

Gender Minorities Aotearoa is the nationwide transgender organisation in Aotearoa New Zealand. It is run by and for transgender people, including non-binary, intersex, and takataapui gender diverse people.

genderminorities.com