



HOW TO STUDY- A CBHS GUIDE



Time to put your thinking C.A.P. on; **CONTENT + ACTIONS + PRACTISE**

STEP 1: CONTENT

Use a combination of these study techniques to familiarise yourself with your subject content. Without knowing your content, you cannot succeed!

- * **Re-read** your original notes/novel/short story/case studies/etc
- * **Create** keyword lists
- * **Create** flashcards with keywords (front) and definitions (back)
- * **Create** flashcards with base equations
- * **Summarise** data and graphs into written explanations
- * **Create** and/or **access** class Quizlets
- * **Create** Mindmaps
- * **Create** SOLO Sequence Maps (for narratives or processes)
- * **Create** SOLO Describe⁺⁺ Maps (for essay plans)
- * **Create** SOLO Compare and Contrast Maps (for organising similarities and differences)
- * **Create** and **use** Vocabulary Probes
- * **Practise drawing** or **creating** or **labelling** base diagrams/models (mapping, graphing, chemical equations, science models, etc)

STEP 2: ACTIONS

Every subject and achievement standard will have **ACTION** words in the questions. Some common **ACTION** words are:

DESCRIBE	EXPLAIN
IDENTIFY	APPLY
ANALYSE	DISCUSS
JUSTIFY	COMPARE
CONTRAST	EVALUATE

- * **Review** the CBHS Academic Word List resource that defines every **ACTION** word used in different subject areas
- * **Review** old exam papers to identify which **ACTION** words are likely to be used in your exams
- * **Define** each of those **ACTION** words that are likely to be used in your exams

STEP 3: PRACTISE

Combine your **CONTENT** knowledge with the academic **ACTIONS** and **PRACTISE**. **PRACTISE** has to be active. Use these techniques:

- * **Write** practise essays using old exam papers
- * **Create** mind maps to practise your recall of your **CONTENT**
- * **Create** KAHOOTs or QUIZLETS with a study partner to test each other
- * **Sort** key terms into categories or matching tasks
- * **Create** mind maps of essay plans to past exam papers
- * **Mark** an NZQA exemplar using a marking schedule to understand what is required
- * **Write** answers to past papers and **seek feedback** from your teacher
- * **Analyse** exemplars at different grade levels

EXTRA RESOURCES

- ◆ [Weekly Planning Tool](#)
- ◆ [Long Term Planning Tool](#)
- ◆ [Academic Word List](#)