



Signs of Vision Problems



- Complaints about vision
- Require extra help with their schoolwork
- Learning difficulties
- Headaches
- Holding their book really close
- Rubbing eyes
- Difficulty seeing the whiteboard
- Excessive blinking
- Closing one eye
- Short attention span
- Losing their place while reading
- Finger pointing while reading
- Skipping words while reading



Near-sightedness

Blurry vision that gets worse when you look at distant objects.

Farsighted

Blurry vision when you look at close up objects. Near and far objects may both look fuzzy.

Astigmatism

You might have blurry or double vision at any distance. You may also be near sighted or farsighted.

Colour Blindness

You have trouble with shades or intensity of colours. Because it is all about perception, you may not know there is a problem until you have your eyes tested by a behavioural optometrist. This genetic condition mainly affects males.

Irlen's

A perceptual dysfunction affecting reading and writing base activities.